



## A TRUE SOLE MATE

If you fancy yourself as a biteen of a beauty therapist, then you'll have to get this great gadget, the Artemis Heel Smoother, right.

This salon-grade pedicure tool has special DuraCrystal tips (made with aluminium oxide crystals) which rotate to remove dry and dead skin effortlessly and painlessly for sandal-wearing weather.

It comes with Irish-made Topaz Foot Butter containing finely ground topaz gemstone crystals, bergamot, tea tree, and lemon essential oils to keep your feet smoother for longer. Best of

all, Artemis Woman donates two per cent of profits to support alternative treatments and screenings for women's cancers.

I used it on my poor ole feet after my training sessions for the Cork City Marathon and it worked wonders. *The Artemis Heel Smoother is at selected pharmacies, €29.99, or you can buy it online at [www.artemiswoman.ie](http://www.artemiswoman.ie)*

